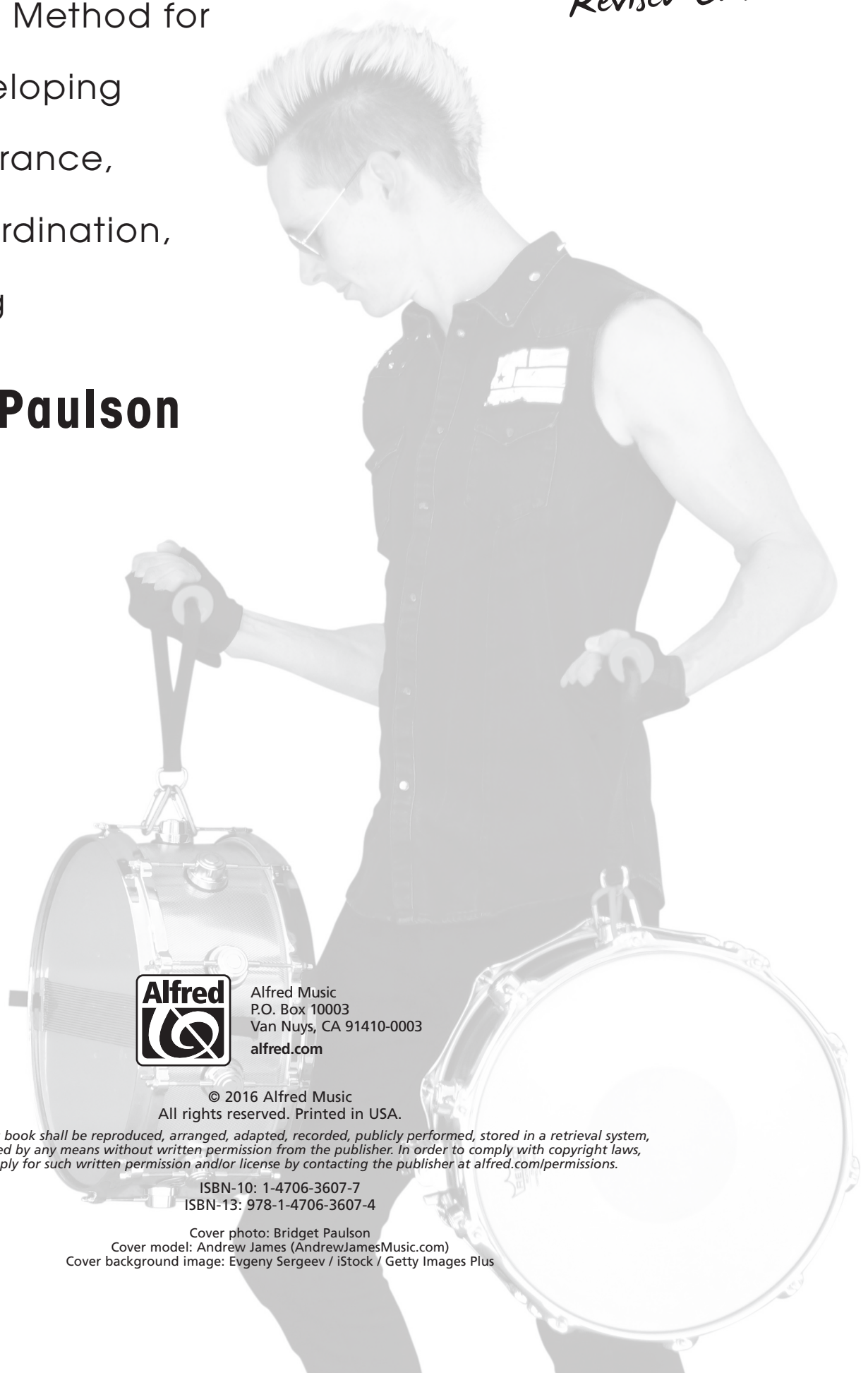


# DRUMSET SUPERSETS

*Revised Edition*

A Combined Method for  
Quickly Developing  
Speed, Endurance,  
Control, Coordination,  
and Reading

**By Blake Paulson**



Alfred Music  
P.O. Box 10003  
Van Nuys, CA 91410-0003  
[alfred.com](http://alfred.com)

© 2016 Alfred Music  
All rights reserved. Printed in USA.

*No part of this book shall be reproduced, arranged, adapted, recorded, publicly performed, stored in a retrieval system, or transmitted by any means without written permission from the publisher. In order to comply with copyright laws, please apply for such written permission and/or license by contacting the publisher at [alfred.com/permissions](http://alfred.com/permissions).*

ISBN-10: 1-4706-3607-7  
ISBN-13: 978-1-4706-3607-4

Cover photo: Bridget Paulson  
Cover model: Andrew James ([AndrewJamesMusic.com](http://AndrewJamesMusic.com))  
Cover background image: Evgeny Sergeev / iStock / Getty Images Plus

# Contents

<b>Acknowledgements</b> . . . . .	3
<b>Introduction</b> . . . . .	3
Video Instruction . . . . .	3
Balance . . . . .	3
Workouts . . . . .	3
Musicality . . . . .	4
How to Use This Book . . . . .	4
Sections 1 and 2 . . . . .	4
Checklists, Hi-Hat Foot, and Vocal Rhythms . . . . .	5
Section 3 . . . . .	5
Practice Notes . . . . .	5
Summary . . . . .	5
Drum Key . . . . .	6
Counting Key . . . . .	6
<b>Section 1: Rock, Pop, R&amp;B, Country, Afro-Cuban, and Latin</b> . . . . .	7
Ostinatos . . . . .	7
Ostinatos for Bass Drum Reading . . . . .	8
Ostinatos for Snare Drum Reading . . . . .	11
Hi-Hat Foot and Vocal Rhythms . . . . .	14
Readings . . . . .	15
Reading 1 . . . . .	16
Reading 2 . . . . .	17
Reading 3 . . . . .	18
Reading 4 . . . . .	19
Reading 5 . . . . .	20
Reading 6 . . . . .	21
Reading 7 . . . . .	22
Reading 8 . . . . .	23
Reading 9 . . . . .	24
Reading 10 . . . . .	25
Checklist . . . . .	26
<b>Section 2: Blues, Jazz, <math>\frac{12}{8}</math>, and <math>\frac{6}{8}</math></b> . . . . .	27
Ostinatos . . . . .	27
Ostinatos for Bass Drum Reading . . . . .	28
Ostinatos for Snare Drum Reading . . . . .	31
Hi-Hat Foot and Vocal Rhythms . . . . .	34
Readings . . . . .	35
Reading 1 . . . . .	36
Reading 2 . . . . .	37
Reading 3 . . . . .	38
Reading 4 . . . . .	39
Reading 5 . . . . .	40
Reading 6 . . . . .	41
Reading 7 . . . . .	42
Reading 8 . . . . .	43
Reading 9 . . . . .	44
Reading 10 . . . . .	45
Checklist . . . . .	46
<b>Section 3: Create Your Own Supersets</b> . . . . .	47
<b>About the Author</b> . . . . .	52

## Ostinatos for Bass Drum Reading

### Group 1: No accents

1

2

### Group 2: Accent 2 & 4 with the ride and snare hands

3

4

### Group 3: Accent 1, 2, 3, & 4 with the ride and snare hands

5

6

### Group 4: Accent every "+" with the ride and snare hands

7

8

### Group 5: Accent every "e" with the ride and snare hands

9

10

### Group 6: Accent every "a" with the ride and snare hands

11

12

### Group 7: Accent 1, 2, 3, & 4 with the ride hand, and 2 & 4 with the snare hand

13

14

### Group 8: Accent every "+" with the ride hand, and 2 & 4 with the snare hand

15

16

## Reading 1

1 2 3 4



5 6 7 8



9 10 11 12



13 14 15 16



17 18 19 20



21 22 23 24



25 26 27 28



29 30 31 32



33 34 35 36



37 38 39 40



Detailed description: This page contains musical notation for 40 measures, organized into ten systems of four measures each. The notation is written on a single staff with a treble clef and a 4/4 time signature. The first measure (1) begins with a key signature change to one flat (Bb). The music consists of quarter and eighth notes, often beamed together, with frequent rests. The notation includes various rhythmic patterns such as eighth-note runs, quarter-note pairs, and dotted rhythms. The piece concludes with a double bar line at the end of measure 40.